



*Summit Psychological Associates, Inc.
2006 Annual Report*
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From the President's Desk

It is with pleasure that the staff of Summit Psychological Associates presents our 2006 annual report. Among the company's many achievements was obtaining a three year accreditation by the Committee on Accreditation of Rehabilitation Facilities (CARF) for the outpatient treatment mental health adult program, the outpatient treatment mental health children and adolescents program, and the outpatient treatment mental health criminal justice program. This accomplishment is one in which we are very proud since it demonstrates the quality of our services and the tremendous dedication of our staff.

The other major achievement of which we are very proud is the development of the Ohio Psychology Internship Program. Under the direction of eleven year employee, Dr. Deborah Walsh, and the participation of Children's Advantage, Coleman Professional Services and Heartland Behavioral Health the internship got off to a great start. The interns that we graduate will no doubt have a significant impact on the behavioral health system in Northeastern Ohio.

The following pages highlight a few of Summit Psychological Associates' additional achievements in 2006. They also focus on our Canton office. The clients and services provided at that location are among the most important to our organization.



James A. Orlando, Ph.D.
President



Rachel Wade
Director of Operations



Deborah Walsh, Ph.D.
Internship Training Director

Commission on Accreditation of Rehabilitation Facilities (CARF)

Founded in 1966, CARF establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services. In 2006, Summit Psychological Associates, Inc. was awarded a three-year CARF accreditation for its Outpatient Mental Health Treatment Programs for Adults, Children, Adolescents, and Criminal Justice. This accreditation outcome represents the highest level of accreditation that can be awarded to an organization by CARF. The administration of Summit Psychological Associates, Inc. is very proud of its clinical and support staff for their high quality work. Some statements made in the 2006 CARF Survey Report:

- “[Summit Psychological Associates’] President [James A. Orlando, Ph.D.] is knowledgeable and forward-thinking, and is strategic in his approach to collaborative service delivery...”
- “The professional staff members are clinically competent, respectful, and dedicated, and demonstrate their expertise and willingness to treat a population that is clinically challenging and complex.”
- “Support personnel are competent, resourceful, and enthusiastic.”
- “Summit Psychological Associates is highly regarded by persons served for the services it provides and the respect it gives them.”
- “[Summit Psychological Associates’] services and staff members are viewed as responsive, respectful, welcoming, creative, and highly valued by multiple stakeholders within the community.”

The entire CARF accreditation process was an excellent learning and growth opportunity for Summit Psychological Associates, Inc. The CARF surveyors hailed from Cincinnati, Ohio, and Vermont, and they approached the three-day survey in May in a consultative manner. Based on suggestions and recommendations made by the surveyors, we have instituted new procedures such as a checklist to ensure a comprehensive orientation for clients, and a more thorough pre-discharge plan for Criminal Justice clients. For more information, contact Stacy Simera, CARF Liaison, at the Akron office of Summit Psychological Associates, Inc.

Feedback from Stakeholders

“Thank you to the counselor-she was very good in understanding and helping me. Please tell her I appreciate her professionalism”-Anonymous client

“Extremely helpful”-Anonymous client

“Working with Summit Psychological Associates, Inc. has been an outstanding partnership. The Akron City Probation Department welcomes the interactions and communication with the staff at Summit Psychological Associates”-Jeff Sturmi, Deputy Chief Probation Officer, Akron Municipal Court

“The care was great”-Anonymous client

“I have had nothing but positive interactions with all of the staff at Summit Psychological. All of your support staff, counselors, and doctors are diligent in returning phone calls, providing reports and feedback, and anything else they can do to make my job as a social worker easier. I highly recommend your agency to all of my clients and continue to refer individuals and their families to your agency on a consistent basis”-Danielle Hampton, MSW, LSW, Summit County Children Services

“Dr. Walsh was very personable, informative, and professional. I liked the way she could relate to my son”-Anonymous parent

“Ms. Koosh has been very helpful to me in controlling my anxiety and mood swings”-Anonymous client

“Dr. Luna is really good at what she does”-Anonymous client

In addition, Summit Psychological Associates, Inc.’s Client Satisfaction Surveys elicit information from multicultural clients regarding the staff’s sensitivity to the needs of multicultural clients. The following are the percentages of multicultural non-forensic clients who rated their satisfaction at average or higher for 2006:

2006	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
Percentage of multicultural clients rating clinician cultural sensitivity as average or above	100%	100%	99%	100%

Specialized Services

Psychiatry

Summit Psychological Associates, Inc. provides a full spectrum of behavioral health services, which includes psychiatry for adolescents, adults, and older adults. Psychiatric services are available by board certified psychiatrists located in the Akron and Canton offices.

Treatment is provided for a wide range of mental health concerns and the psychiatrists work

in collaboration with Summit Psychological Associates' therapists and counselors to provide optimum medication monitoring and management.

Elderly Clients

In 2006, Summit Psychological Associates, Inc. provided services to older adults (ages sixty-five and older) in Summit and Stark counties. Services included diagnostic assessments and individual counseling. We provided these services in multiple nursing home sites, as well as individual homes and assisted living residences. Staff also performed cognitive evaluations to assess for dementia as a result of referrals received from geriatric assessment centers and primary care physicians. In addition to clinical services, staff presented training in the community regarding signs and symptoms of dementia.

Children

Summit Psychological Associates, Inc. provided services including individual and family counseling, and psychological assessments for children. Treatment provided for children included: behavioral management (including Attention-Deficit/Hyperactivity Disorder, Oppositional Defiant Disorder, and Conduct Disorder), anxiety management (Obsessive-Compulsive Disorder and Separation Anxiety), depression/suicide issues, developmental disorders (Autism, Asperger's Disorder), mental retardation, Posttraumatic Stress Disorder, sexual abuse survivors, Adjustment Disorders (including divorce issues), foster care and adoption issues, substance abuse, eating disorders, Trichotillomania, grief counseling, sexual behavior problems, and anger management.

Psychological assessments for children include:

- Readiness for Kindergarten
- Intellectual/Learning Disabilities
- Attention-Deficit/Hyperactivity Disorder
- Sexual Abuse Assessments (for victims and perpetrators)

Who We Served

2006 Intakes	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter	Total
Akron	93	120	103	97	413
Forensic	183	149	122	133	587
Canton	152	107	116	206	581
Ravenna	114	106	94	87	401
Total :					1982

The Ohio Psychological Internship

In July 2006, the psychology internship formally changed names from Northeastern Ohio Universities College of Medicine Psychology Internship to The Ohio Psychology Internship (OPI). The internship continues to train interns at Summit Psychological Associates, Inc. and at Coleman Professional Services, Children's Advantage, and Heartland Behavioral Health. OPI housed seven interns during the 2006-2007 academic year, with three full-time interns receiving training from Summit Psychological Associates, Inc. Forensic Services and one half-time intern receiving training at Summit Psychological Associates, Inc.'s Ravenna office. Many of our psychologists provide supervision for the internship, and many of the clinical staff provide didactic seminars to the interns during their training year. In November 2006, the internship completed a positive site visit with the American Psychological Association. We were also able to increase the number of interns selected for training in forensic services from the three full-time interns in 2006-2007, to four full-time interns in the 2007-2008 academic year.

Highlight on the Canton Office

During the busy year of 2006 in our Canton office, located in the Belden Village area on the seventh floor of the Glass Tower, we expanded our services especially in the forensic department. The forensic department groups include Juvenile Sex Offender Treatment, Adult Sex Offender Treatment, Domestic Violence psychoeducational groups, and Drug and Alcohol psychoeducational groups.

Our full time psychologist trained the psychology intern, ran the treatment groups, provided court ordered evaluations, and worked closely with the Stark County Court System. Our part time psychologist provided geriatric evaluations in local nursing homes, as well as bariatric evaluations, psychological evaluations for nerve stimulation implant, and psychological testing. The Clinical Counselors were busy being added to new insurance panels and continued to provide individual counseling services to children, adolescents, adults, families, and couples. We extended our office hours to evenings and Saturdays. Due to the growth in the forensic and traditional clients, as well as the increase in clients seeking psychiatric services, a part time secretary was added to assist our full time secretary. In summary, it has been a productive year in the Canton office and we look forward to 2007.



Financial Statement

Income	
<i>Contracts</i>	\$ 668,205.35
<i>ADM Boards</i>	\$ 361,425.44
<i>Insurance and Self Pays</i>	\$ 625,213.12
Expenses	
<i>Salaries, Wages & Benefits</i>	\$1,143,697.63
<i>Contract Personnel</i>	\$ 110,110.17
<i>Facility Costs</i>	\$ 170,464.41
<i>Operating Expenses</i>	\$ 228,507.55

Quality Assurance Committee

Meryl A. Orlando, Ph.D.; Stacy Simera, LISW; Rachel Wade, Arcangela Wood, Psy.D.; Corinne Dameron, LISW, Lynn Luna Jones, Ph.D.



Peer Review Committee

Aimee Koosh, PC; Debbie Parshall, ?, Leslie McClure, Ph.D., Beth Kuckuck, ?, Brenda Holland, LPCC



Advisory Board Members

John Summerville, Deborah Rutherford, George Wertz, Tony Ingram, Jesse Tarr, M.D., Robert Denton, Ph.D.

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Accreditations – Ohio Department of Mental Health, CARF