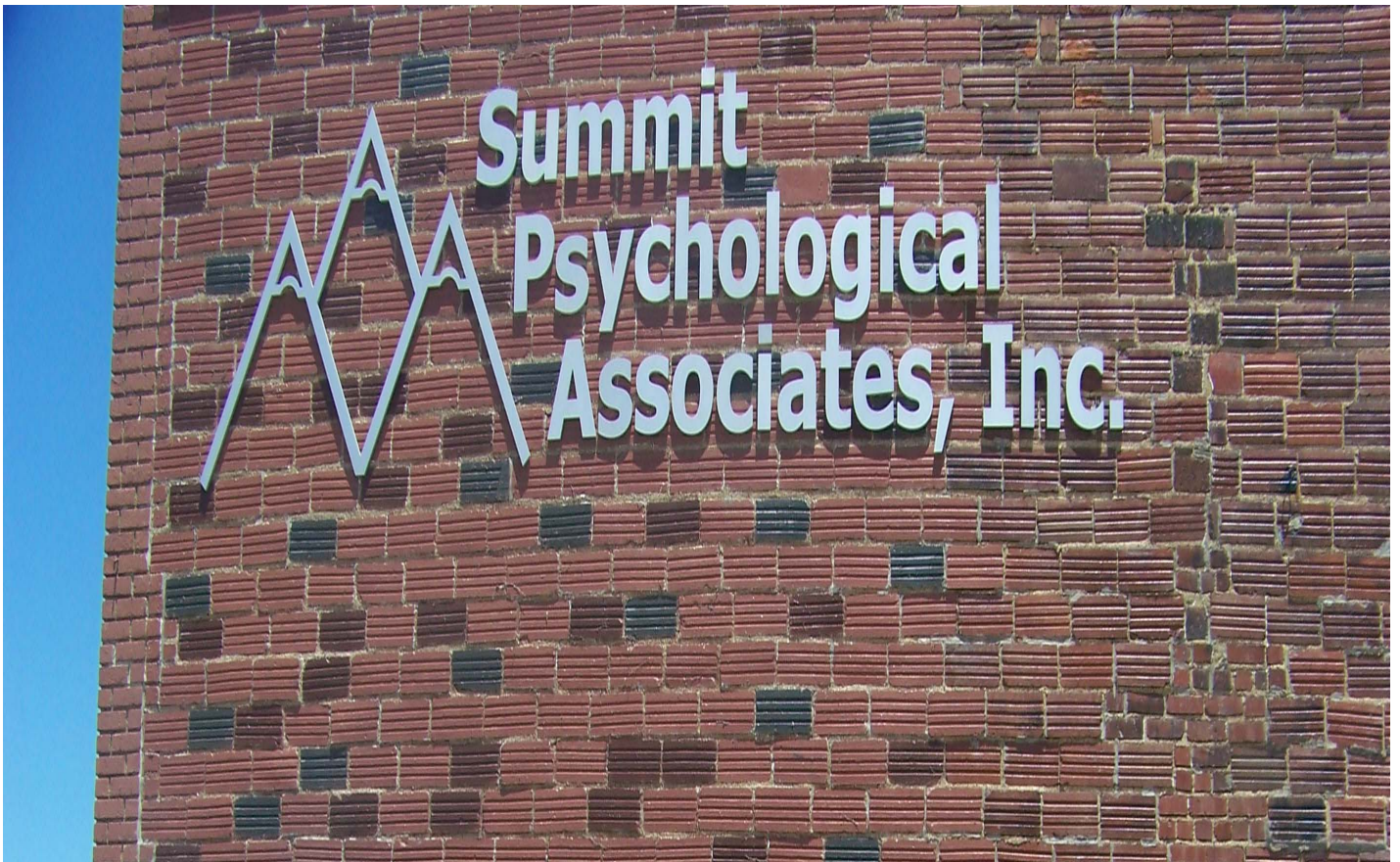


Annual Report

2007



Building 37, the home of SPA in Akron, proudly sports a new sign prominently situated on the south side of the building. The feedback from the community has been very positive.

From the President's Desk



***James A. Orlando, Ph.D.
Clinical Psychologist
President***

During the past year, Summit Psychological Associates continued its pattern of strong and consistent growth. Indeed, in 2007 the number of referrals to the agency rose by 4% over 2006, and our gross revenue was up by 11%. Clearly, we are no longer the best kept secret in town! The high quality cost effective treatment and consumer friendly services offered by all of Summit Psychological Associates' employees are now common knowledge. This commitment of excellence resulted in several new contracts in all of our offices but nowhere was it more evident than the Summit Psychological Associates' Ravenna Center. Indeed, growth in our Portage County office resulted in the purchase of a new location that will be renovated and open for business in early 2008.

Consistent with our goals for this year the agency's psychology internship program, Ohio Psychology Internship, received a seven year accreditation from the American Psychological Association and we are well on the way to achieving ODADAS certification in 2008. Finally, Summit Psychological Associates reorganized in several important ways allowing for our continued expansion in both the private and public mental health domains.

All of the hard work performed by our forty six clinical and support staff members has resulted in a stronger, more efficient organization poised for future growth in 2008!

Featured Office: Ravenna

In 2007, business in the Ravenna office exploded. Referrals continued from a variety of established sources, including the **Portage County Department of Job and Family Services, Portage County Sheriff's Department,** physicians, attorneys and insurance companies, as well as the **Portage County Domestic Relations Court.** Our work in several areas expanded, including our **Domestic Violence Program,** our **Sex Offender Treatment Program,** as well as our **Geriatric Treatment** at SPA, in nursing homes, and in clients' homes.

New business emerged in a variety of additional areas including referrals from the **Portage County Board of Mental Retardation and Developmental Disabilities** for treatment of their clients as well as the creation of Behavior Support Plans. In addition, on January 16, 2007 Summit Psychological Associates began administering the **Moser Construction Company Employee Assistance Program.** The program was kicked off with a seminar for 120 Moser construction workers and supervisors regarding drug free workplace issues, provided by Drs. Arcangela Wood and Meryl Orlando. The Ravenna office also began providing pre-employment psychological evaluations for the **Rootstown Fire Department** during January 2007.

On February 22, 2007, Corinne Dameron, LISW and Meryl Orlando, Ph. D. provided a seminar to the **Portage County Adult Probation Department** about Summit Psychological Associate's forensic services. A subsequent meeting with **Judge Barbara Oswick** resulted in the development of the **New Foundation Drug and Alcohol Program** to provide court-ordered substance abuse treatment. The program is designed to assist clients in eliminating drug and alcohol use. Our program operates in close collaboration with **Adult Probation Departments** and the **Adult Parole Authority.** The majority of its referrals come from **Municipal Courts** in Kent, Ravenna and surrounding communities. The program helps clients identify the presence of substance abuse or substance dependence and the negative effects on their lives. Alternative coping strategies are taught, as well as ways to manage cravings. Relapse prevention plans are developed. The New Foundation Drug and Alcohol Program received 230 referrals in 2007. By the end of 2007, SPA was running 12 New Foundation groups per week. In September, Ms. Dameron and Dr. M. Orlando met with Judge Barbara Oswick of Portage County Municipal Court to discuss the expansion of the forensic services that we provide in Portage County.

All of this business expansion led to the hiring of additional clinical and support staff in the Ravenna office and the realization that we had outgrown the modest suite on Main Street that we had occupied since 1992. In 2007, we purchased a beautiful suite in the **North Chestnut Medical Arts Building** that tripled our square footage to 3000 square feet. Our new location has two spacious group rooms, a large secretarial area with one station to check in forensic clients and another to check in non-forensic clients, a testing room, a resource room, a play room for our work with children, as well as several offices for clinicians. We plan to move into our new office in early **March, 2008,** after renovations are complete.



Becky Brumley
Administrative Assistant



Signage



Sarah Oberlin
Administrative Assistant



New location for 2008!

Forensic Programming at SPA

Our comprehensive array of forensic services includes counseling groups, psycho-educational groups, individual counseling, as well as psychological evaluations.

- **Domestic Violence Psycho-Educational Group**
Various male and female groups are offered. Emphasis is placed on the cycle of violence, anger management, healthy communication, and prevention of future violence. There is a 26-week group and a 10-week group.
- **New Foundation Drug/Alcohol Psycho-Educational Group**
This group has goals of educating the client about the disease of substance addiction, identifying triggers, and relapse prevention planning. Attendance at community 12-step programs is a requirement. There is a 26-week group and a 6-week group.
- **Pride in Parenting Parent Training Group**
This is a 10-week group. The curriculum includes positive discipline techniques, communication skills, setting effective rules and consequences, and meeting emotional needs.
- **Sex Offender Adult Treatment Groups**
The treatment group is on a level system, and completion of specific level requirements allows for advancement. Emphasis is placed on accepting full responsibility for the offense, victim empathy, thinking errors, and relapse prevention.
- **Sex Offender Treatment for Juveniles**
This is a treatment group for adolescent sex offenders. It emphasizes accepting full responsibility for the offense, victim empathy, thinking errors and relapse prevention.
- **Sex Offender Treatment for Adults with Mental Retardation/Developmental Disabilities**
This is a treatment group for sex offenders that are diagnosed with mental retardation/developmental disability. The treatment program is modified for this population.
- **Sex Offender Psycho-Education Group**
This is an education program that focuses on developing a relapse prevention plan.
- **Sex Offender Re-Entry Group**
This is a program that assists individuals in making a more successful transition into the community. The focus of this group is developing a relapse prevention plan and increasing the client's support network.
- **New Beginnings Program**
This program is for individuals who have both court involvement and mental health issues. Treatment is provided on an individual basis, with a free weekly support group.
- **New Directions Program**
This is a six-week psycho-educational group meeting twice per week. Its goal is to assist women in leaving prostitution. Alternative lifestyles are explored. After completion of the program, clients are welcome to attend a free support group.
- **Mental Retardation/Developmental Disability Anger Group**
This treatment group focuses on anger-management skills and prevention of future violent offenses for this specialized population.

2007 Highlights...

Akron Center News

The Deputy Mayor of the City of Akron, Ohio toured **Building 37** - our Akron office location - in March 2007 and expressed that he was highly impressed with the success of our renovation project.

Forensic Center News

On January 30, 2007, **Channel 3** reporter **Erie Mansfield** ran a story featuring **Dr. James Orlando** and the Summit Psychological Associates, Inc. **Sex Offender Treatment Program**, titled “**Predators Among Us.**”

SPA was awarded the **Sex Offender Federal Contract** for **Summit** and **Stark** Counties, while expanding to provide services in **Richmond** County as well. This contract will provide sex offender evaluations and subsequent treatment.

SPA was awarded the **Federal Mentally Ill** contract for **Summit** County. SPA will provide psychological evaluations, psychiatric evaluations, psychological treatment and medication monitoring for these individuals.

The **Summit County Juvenile Court** renewed our contract through June 30, 2008.

The Forensic Center now has the **Certification through ODMH in Forensic Evaluation services**. This certification is effective July 1, 2007.

The Forensic Center responded to a **Sex Offender RFP from the Ohio Adult Parole Authority** and was awarded the **Ohio Adult Parole Authority contract for Akron, Ravenna, Warren, Youngstown, Canton, and New Philadelphia.**

The Forensic Center also responded to an **RFP from the Ohio Adult Parole Authority for Mentally Disabled Offenders** in the city of Akron, and was awarded that work.

SPA completed audits for the **Federal Probation Department** and the **Ohio Adult Parole Authority** and received 100% in both audits!

Canton Center News

Forensic services in Canton are growing with **Drug and Alcohol** referrals, **psychological evaluations** for local courts and attorneys and the **Stark County Department of Job and Family Services, Children Services Division**. The **Juvenile Sex Offender** referrals have expanded in both individual treatment and group treatment. **Federal Probation** referrals for treatment and evaluations have increased tremendously. The **Ohio Adult Parole Authority** recently awarded the contract to service offenders in Stark County.

The Ohio Psychology Internship News



Class of 2007 – 2008

L-R: Sarah Ostrowski, M.A.; Wade Green, M.A.; Sharon Fleschman, M.A.; Joseph Caverly, M.S.; Katrina Wentz, M.A.; Scott Brown, M.S.; Corinne Mannino, M.A.; Raymond Annable, M.S.

Summit Psychological Associates, Inc. continued to serve as the administrator for the Ohio Psychology Internship (OPI). Eight psychology interns were trained by OPI during the 2007-2008 internship year. Four of the interns worked full time in Forensic Services at Summit Psychological Associates, Inc and one intern worked part time in the Ravenna office. Additional interns were trained at Heartland Behavioral Health, Coleman Professional Services and Children's Advantage. Dr. James Orlando was awarded the Trainer of the Year Award for his 2007 training seminars on Forensic Treatment and Evaluation.

In 2007, the Ohio Psychology Internship received notification that the American Psychological Association had awarded the internship seven years of accreditation. The next site visit from the American Psychological Association will be in the year 2013.

Dr. Deborah Walsh, Internship Training Director, met with the Ohio Psychological Association Diversity Committee Chair in October 2007 in order to develop a plan for encouraging diversity in internship applicants, interns and staff. Dr. Philip Seibel is the chair of the internship's diversity committee.

The Ohio Psychology Internship was able to “match” with all eight slots this last February, which a very large accomplishment.

Two of the 2006-2007 psychology interns accepted positions with SPA, and commenced their employment as psychology assistants on July 1, 2007.

SPA 2007 Community Presentations

Meryl Orlando and Jessica Biren Caverly presented to approximately 35 staff members of **Portage County Department of Job and Family Services** regarding the services that SPA can offer their clients.

Leslie McClure, Psy.D. gave a presentation to **Meals on Wheels** regarding SPA's **In-Home Services Department**.

Dustin Wygant, Ph.D. presented as part of the **Cross Systems Training** for the **Summit County Alcohol Drug and Mental Health (ADM) Board**. His three hour presentation focused on mental health.

Lynn Luna Jones, Ph.D., presented a seminar titled "Substance Abuse" at the **Cross Systems Training** for the **ADM Board**.

James Orlando, Ph.D. gave a sex offender presentation to the members of **Center for Sex Offender Management**.

Aimee Koosh, P. C. presented a seminar titled "Coping with Depression" at the **Maple Valley Branch of the Akron-Summit County Public Library**.

Arcangela Wood, Psy. D. presented a seminar titled "Understanding Alzheimer's Disease and Dementia" at the **Maple Valley Branch of the Akron-Summit County Public Library**.

Lynn Luna Jones, Ph. D. presented a seminar titled "Helping Your Child with ADHD" at the **Odom Blvd. Branch Library of the Akron-Summit County Public Library**.

Beth Kuckuck, LISW, spoke at the **Barberton Brookside Country Club** on coping with a Non-Hodgkin Lymphoma diagnosis. She spoke along with Dr. Sandra Hazra, expert on Non-Hodgkin Lymphoma. **The Leukemia & Lymphoma Society** and **Stewarts Caring Place** were the sponsors of this presentation.

Beth Kuckuck, LISW, attended a presentation by music artist, **Judy Collins** titled, "Suicide Survival and Strength." Ms. Collins lost her son to suicide when he was 33 years old. After the presentation, Beth facilitated a **Suicide Survivor Group**. **Suicide Prevention Education Alliance** sponsored this presentation.

Beth Kuckuck, LISW, gave a presentation titled, "Surviving with Cancer, Blood Cancer Survivors. The location and sponsor of this presentation was **Stewarts Caring Place**.

Beth Kuckuck, LISW presented a seminar to the **Maple Valley Branch of the Akron-Summit County Public Library** titled "Managing Anxiety."

Stacy Simera, LISW presented a seminar titled "Recognizing and Confronting Employee Substance Abuse" to the **Akron Metropolitan Housing Authority**.

Community Presence

SPA continued to collect soda-pop tabs for Akron Children's Hospital. The money generated by the tabs is used to help dialysis patients with expenses not covered by insurance, such as emergency transportation, medications, games and activities for patients to play while on dialysis, and more.

SPA continued its participation on the Sex Offender Task Force, a committee designed to identify the needs of sex offenders

Several SPA employees participated in the National Alliance on Mental Illness (NAMI) walk for the minds of America October 6, 2007 at the Munroe Falls Metro Park. SPA walkers raised over \$200.00 to help increase awareness about mental illness and its treatment options.



2007 Additional Company Growth & Business Accomplishments

- The billing department doubled in size.
- SPA obtained contracts with the City of Munroe Falls and Springfield Township to provide pre-employment police evaluations.
- SPA became the Employee Assistance Program provider for Mighty Air Ducts.
- SPA received Deemed Status with the Ohio Department of Mental Health (ODMH)
- The annual Summit County ADM Board Audit went well in August of 2007. Their feedback was: "Congratulations are due for the thorough assessments; individual service plans; service plan updates; and 100% compliance for claims reviewed."
- SPA is working towards ODADAS certification and should have that certification within the next year.
- There are now a total of 49 employees at SPA.

- SPA has awarded over twenty five citizen recognition awards to community recipients in Portage, Summit and Stark counties in 2007. The citizen recognition award program continues to be well received in the community and appreciated among its members.

High Success Rate for Domestic Violence Program

Summit Psychological Associates, Inc. is proud to announce the results of a longitudinal study that began on September 1, 2004 and concluded on July 1, 2007. Its purpose was to measure the effectiveness of SPA's Domestic Violence treatment programs. The purpose of the study was to ensure that SPA's Domestic Violence treatment programs directly decrease recidivism or re-offense. Recidivism or re-offense was defined as any new Assault, Aggravated Assault, Felonious Assault, or Domestic Violence arrest. Based on the results of our longitudinal study, it appears that SPA's Domestic Violence Program is significantly reducing the risk of re-offense for assaults and domestic violence. **Only 35 (8%) of the 424 individuals who received domestic violence treatment at SPA between January 1, 2004 and March 30, 2006 re-offended within one year of their previous Domestic Violence conviction.**

Feedback from Stakeholders – Consumer Satisfaction: BHOS Surveys

Clients who receive services in the **Akron office** of Summit Psychological Associates, Inc. are administered the **Summit County Behavioral Health Outcome Systems - BHOS - Surveys**.

Between January 1, 2007 and December 31, 2007, surveys were administered to 133 **non-forensic** clients participating in outpatient counseling, and 20 **forensic** (court-mandated) clients participating in educational groups, for a total of 153 individuals.

The data indicated that clients who were administered the BHOS scales at Summit Psychological Associates, Inc. showed satisfaction ratings that were consistent with clients completing the BHOS across the State of Ohio.

BHOS Consumer Satisfaction is also examined in the area of **cultural sensitivity**. The vast majority of SPA client responses were in the "Very Satisfied" range.

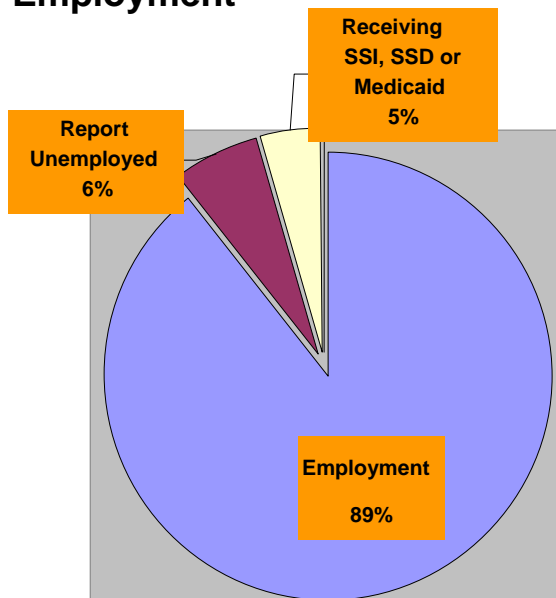
Financial Statement

Income	
<i>Contracts</i>	\$ 670,636.28
<i>ADM Boards</i>	\$ 366,243.51
<i>Insurance and Self Pays</i>	\$ 806,744.70
Expenses	
<i>Salaries, Wages & Benefits</i>	\$ 1,317,980.49
<i>Contract Personnel</i>	\$ 106,863.35
<i>Facility Costs</i>	\$ 186,720.10
<i>Operating Expenses</i>	\$ 207,558.06

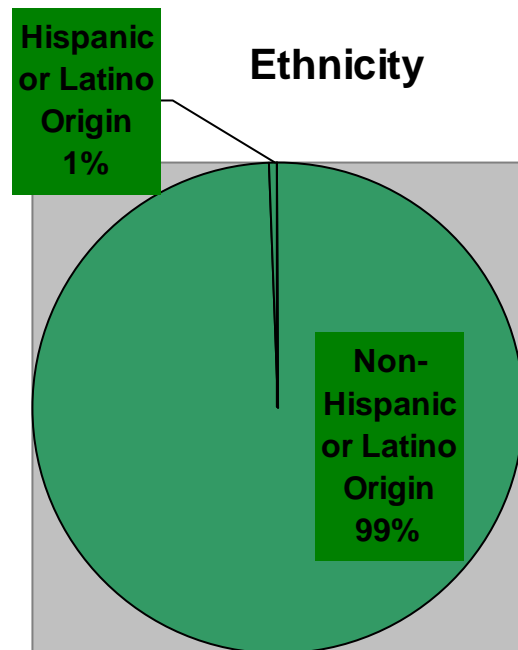
Who We Served...

Intakes	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter	Total
Akron Non-forensic	145	68	95	89	397
Akron Forensic	167	178	172	164	681
Canton	80	90	132	126	428
Ravenna	148	157	104	159	568
Total :	540	493	503	538	2,074

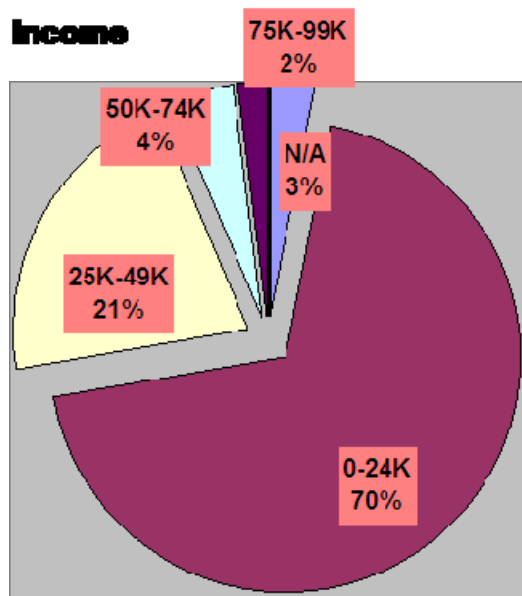
Employment



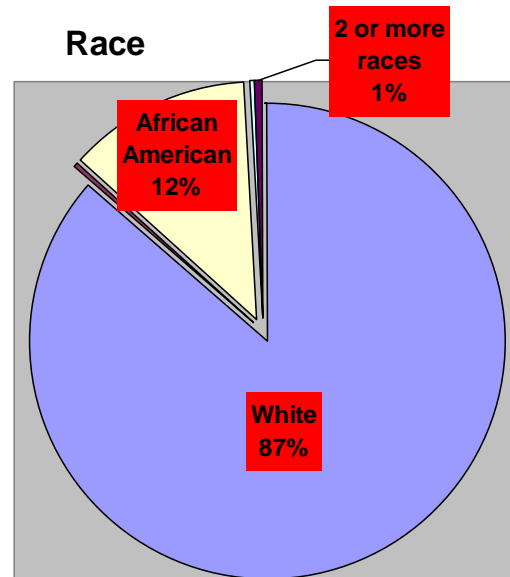
Ethnicity



Income



Race



Quality Assurance Committee



L-R: Deborah Walsh, Ph.D.; Stacy Simera, LISW; Rachel Wade; Beth Kuckuck, LISW;
Meryl A. Orlando, Ph.D., Chair; Corinne Dameron, LISW

Peer Review Committee



L-R: Beth Kuckuck, LISW – Co-Chair; Brenda Holland, PCC; Nathan Stephens, Psy.D.; Dustin Wygant, Ph.D.;
Aimee Koosh, PCC; Sheryl Ascherl, LISW; Debra Parshall, PCC – Co-Chair;
Andrea Loucaides, M.A.; Leslie McClure, Psy.D.

SPA Advisory Board Members

Dr. Robert Denton
Tony Ingram
Michael Kochera
Debbie Rutherford
Skip Summerville
George Wertz

Executive Director, Victim's Assistance
Sr. Probation Officer for Summit County Court of Common Pleas
Court Administrator, The Canton Municipal Court
V.P. Medical Staff Service, Barberton Citizens Hospital
CEO, Regency
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Certified by the Ohio Department of Mental Health

Accredited by CARF in Outpatient Treatment Mental Health: Adult, Children & Adolescents, and Criminal Justice